

# OTTER TRAIL GUIDE

## TIDES JULY 2026

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0734	1729	0440	1706	1045	2258
2	0734	1729	0513	1738	1115	2332
3	0734	1730	0545	1811	1145	---
4	0734	1730	0618	1846	0007	1216
5	0734	1731	0653	1925	0045	1250
6	0734	1731	0733	2010	0128	1328
7	0734	1732	0820	2105	0217	1414
8	0734	1732	0919	2212	0317	1514
9	0733	1733	1040	2332	0432	1638
10	0733	1733	1220	---	0603	1822
11	0733	1734	0051	1340	0722	1941
12	0732	1735	0159	1440	0823	2041
13	0732	1735	0259	1532	0914	2134
14	0731	1736	0352	1620	1000	2222
15	0731	1736	0440	1704	1042	2308
16	0731	1737	0524	1746	1121	2350
17	0730	1738	0604	1825	1157	---
18	0730	1738	0640	1902	0030	1230
19	0729	1739	0715	1939	0107	1303
20	0729	1740	0750	2017	0145	1337
21	0728	1740	0829	2101	0226	1416
22	0728	1741	0922	2201	0316	1510
23	0727	1742	1103	2335	0435	1648
24	0727	1742	1305	---	0639	1854
25	0726	1743	0105	1404	0745	1953
26	0725	1744	0202	1444	0827	2035
27	0725	1744	0246	1519	0902	2110
28	0724	1745	0323	1550	0933	2142
29	0723	1746	0357	1621	1002	2214
30	0723	1746	0429	1652	1030	2245
31	0722	1747	0459	1722	1058	2317

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

